

**Welcome and thank you for visiting the website  
of Niigata Prefectural Nagaoka Ohte High  
School 2025.**



Our school mission is to cultivate a spirit of independence and “済美”, which means “Take pride in yourself and live gracefully ”

The most important thing is whether every student can spend their time at Nagaoka Ohte senior high school actively in daily life and club activities.

Balancing club activities and studying is easier said than done. "Sound mind in a sound body." Through your daily activities, I want you to communicate with others, developing your sense of solidarity and cultivating a strong will and physical strength under the principle of our school motto “済美” mindset.

Don't be defeated by your own weakness. Overcoming thoughts like "It's troublesome," "I don't want to," or "I'll postpone it until tomorrow" will make your high school life meaningful. Let's work together as "Team Nagaoka Ohte High School."

If you were asked what you really want to do, what would be your answer? No matter what situation you are in, I hope you will always be aware of what you should do and how you should act and lead a life of independence and self-discipline.

Being able to answer this question is essential. We are not finished with just studying. Physical health is also crucial. That is why balancing studying and club activities is so important in your school life.

I sincerely hope that you will be a member of Nagaoka Ohte and continue learning this year 2025 here at Nagaoka Ohte and grow into individuals who embody the spirit of “済美” mindset.